

Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Tuesday, August 18, 2026																																																
Section 1 Island Interconnected System - Supply, Demand & Exports Actual 24 Hour System Performance For Monday, August 17, 2026																																																
2200 2000 1800 1600 1400 1200 1000 800 600 400 200 0:00 0:50 1:40 2:30 3:20 4:10 5:00 5:50 6:40 7:30 8:20 9:10 10:00 10:50 11:40 12:30 13:20 14:10 15:00 15:50 16:40 17:30 18:20 19:10 20:00 20:50 21:40 22:30 23:20 Island System Supply Island System Demand Island System Supply Plus LIL for ML Exports Island System Demand Plus ML Exports Peak Island System Demand = 714 MW @ 1155																																																
Island Supply Notes For August 17, 2026 A B C D E F G H I J K As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW). As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW). As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW). As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW). As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW). As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW). As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW). As of 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW). As of 0809 hours, July 05, 2026, Bay d'Espoir Unit 7 unavailable due to planned outage (154.4 MW). As of 0820 hours, August 03, 2026, Hardwoods Gas Turbine unavailable due to planned outage (50 MW). As of 1003 hours, August 09, 2026, Cat Arm Unit 1 unavailable due to planned outage (67 MW).																																																
Section 2 Island Interconnected System - Supply, Demand & Outlook <table><tr><th>Tue, Aug 18, 2026</th><th>Island System Outlook²</th><th>Seven-Day Forecast</th><th colspan="2">Island System Daily Peak Demand (MW)</th></tr><tr><td></td><td></td><td></td><th>Forecast⁸</th><th>Adjusted⁶</th></tr><tr><td rowspan="7">Island System Supply:⁴ NLH Island Generation:^{3,7} NLH Island Power Purchases:⁵ NP and CBPP Owned Generation: LIL Net Imports to Island:⁹</td><td>1,020 MW</td><td>Tuesday, August 18, 2026</td><td>745</td><td>695</td></tr><tr><td>690 MW</td><td>Wednesday, August 19, 2026</td><td>750</td><td>700</td></tr><tr><td>80 MW</td><td>Thursday, August 20, 2026</td><td>770</td><td>720</td></tr><tr><td>195 MW</td><td>Friday, August 21, 2026</td><td>765</td><td>715</td></tr><tr><td>55 MW</td><td>Saturday, August 22, 2026</td><td>725</td><td>675</td></tr><tr><td></td><td>Sunday, August 23, 2026</td><td>720</td><td>670</td></tr><tr><td></td><td>Monday, August 24, 2026</td><td>775</td><td>725</td></tr><tr><td>7-Day Island Peak Demand Forecast:</td><td>775 MW</td><td></td><td></td><td></td></tr></table>					Tue, Aug 18, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)					Forecast ⁸	Adjusted ⁶	Island System Supply: ⁴ NLH Island Generation: ^{3,7} NLH Island Power Purchases: ⁵ NP and CBPP Owned Generation: LIL Net Imports to Island: ⁹	1,020 MW	Tuesday, August 18, 2026	745	695	690 MW	Wednesday, August 19, 2026	750	700	80 MW	Thursday, August 20, 2026	770	720	195 MW	Friday, August 21, 2026	765	715	55 MW	Saturday, August 22, 2026	725	675		Sunday, August 23, 2026	720	670		Monday, August 24, 2026	775	725	7-Day Island Peak Demand Forecast:	775 MW			
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Island Supply Notes For August 18, 2026 Notes: 1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted. 2. As of 0800 Hours. 3. Gross continuous unit output. 4. Gross output from all Island sources (including Note 3). 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable). 6. Adjusted for interruptible load and the impact of voltage reduction when applicable. 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine. 8. Does not include ML Exports. 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.																																																
Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak <table><tr><td>Mon, Aug 17, 2026</td><td>Island Peak Demand¹⁰</td><td>11:55</td><td>714 MW</td></tr><tr><td></td><td>Exports at Peak</td><td></td><td>219 MW</td></tr><tr><td></td><td>LIL Net Imports to Island</td><td></td><td>2,506 MWh</td></tr><tr><td>Tue, Aug 18, 2026</td><td>Forecast Island Peak Demand</td><td></td><td>745 MW</td></tr></table>					Mon, Aug 17, 2026	Island Peak Demand ¹⁰	11:55	714 MW		Exports at Peak		219 MW		LIL Net Imports to Island		2,506 MWh	Tue, Aug 18, 2026	Forecast Island Peak Demand		745 MW																												
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Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).																																																